

## Open Academy of Medicine c/c

International School of specialization and continuing medical education

### Updating Training and Advanced Professional Development, Academic Year 2016

#### Sports Science, Physical Mobility Rehabilitation and Psychophysical performance [SSP]

#### Introduction

The course, which will be developed in 4 meetings between January and September, will present to subscribers research and contributions of recognized experts in the areas of Sports Science, Sports Medicine, Physical Mobility Rehabilitation and athletic preparation applied to various sports. The program provides a detailed analysis of the most effective instrumental methods of evaluation and analysis, strategy and applications to create the best solution in term of rehabilitation protocol and physical training to gain the highest level of efficacy in the development of the patient psychophysical performance.

#### Educational Program

- Functional instrumental evaluation of the psychophysical performance.
- Training methodology update: hypertrophy, HIIT, aerobic activity etc.
- Training Methodology.
- Physical Mobility Rehabilitation.
- Athletic preparation protocols and sport disciplines.
- *Evidence Based Sports Medicine*.
- Communication and coaching.

#### Subscription

This is a limited admission course with 200 subscribers maximum; The Academic Council will communicate personally, after the enquiry evaluation, the enrolment confirmation. Given the limited availability, the Academic Council reserves to itself the right to evaluate the curriculum and profession of the candidates to regulate the admission to the course. The professions accepted for the enrolment are the following:

- Sport Science title or equivalent.
- Sport Medicine.
- Physiotherapists.
- International certifications, as:
  - ISSA Europe CFT2 (minimum requirement);
  - ISSA U.S.A.;
  - NSCA (National Strength and Conditioning Association);
  - ACSM (American College of Sports Medicine);
  - ISSN (International Society of Sports Nutrition).
- Federal trainer in various discipline.

The Open Academy of Medicine annual membership fee, which includes class attendance and access to the online educational resources on the SSP Academy Area, is €200 VAT excluded. Subscriptions must be submitted using the model shown at the bottom of this presentation. You need to send it to our administration exclusively by email at [info@openacademyofmedicine.org](mailto:info@openacademyofmedicine.org)

## **Lessons Calendar 2016**

*Saturday 16th January 2016*

*Saturday 5th March 2016*

*Saturday 14th May 2016*

*Saturday 10th September 2016*

## **Headquarters for courses in Italy**

### **Auditorium - Centro Culturale Candiani**

Piazzale Luigi Candiani 7

30174 Mestre (Venice, Italy)

## **Organizational administration for courses in Italy**

### **BioTekna**

via Pialoi 39

30020 Marcon (Venice, Italy)

Tel: (+39) 041.4568942

E-mail: [info@biotekna.com](mailto:info@biotekna.com)

**Updating Training and Advanced Professional Development , Academic Year 2016****Sports Science, Physical Mobility Rehabilitation and Psychophysical performance  
SSP Area****Pre-enrolment Application**

Surname :

Name :

Permanent Address :

City :

County :

Zip Code :

E-mail :

Telephone :

**- Billing Data -**

Company Name :

Billing Address :

VAT Number :

Tax Code :

- Category:**  Sport Science title or equivalent  
 Sport Medicine  
 Physiotherapists  
 ISSA Europe CFT2  
 ISSA U.S.A.  
 NSCA (National Strength and Conditioning Association)  
 ACSM (American College of Sports Medicine)  
 ISSN (International Society of Sports Nutrition)  
 Federal trainer (specify the discipline):

The Academic Council will communicate personally, after the enquiry evaluation, the enrolment confirmation. Given the limited availability, the Academic Council reserves to itself the right to evaluate the curriculum and profession of the candidates to regulate the admission to the course.

**Data Protection**

The Member consents to the Academy processing data relating to the Member for legal, personnel, administrative and management purposes and in particular to the processing of any sensitive personal data (as defined in the Data Protection Act 1998). In particular the Academy will:

- only process information necessary to establish or maintain membership or support; and
- only process information necessary to provide or administer activities for people who are members of the organisation or have regular contact with it; and
- only share the information with people and organisations necessary to carry out the organisation's activities; and
- only keep the information while the individual is a member or supporter or as long as necessary for member/supporter administration.

Date and Place:

Signature: